



## COMPETITIVE SWIM TEAM TRYOUTS

Tryout for the team will be:

**WHERE:** Connetquot High School (pool area)

**ADDRESS:** 190 7<sup>th</sup> Avenue, Bohemia, NY 11716

**DATE:** *Friday -September 27th, 2024*

**TIME:** 5:30pm

**CONTACT:** For Competitive team tryouts ONLY:

Head Coach Alex @ [Coach24@optonline.net](mailto:Coach24@optonline.net)

Tryout is open to swimmers who can swim at least 25 yards of each stroke. Freestyle, Backstroke, Butterfly, and Breaststroke. Your swimmers will be asked to swim in our pool. They will start out with Freestyle and we will go through all 4 competitive strokes or as much as they know. If your child makes the team, a member of the coaching staff will call you with the recommended level of participation. *(please bring suit, towel goggles)*

**About Us!** The Connetquot Swim Club is a competitive swim team that provides high-quality professional coaching, training and competitive opportunities year round for swimmers of all abilities to reach their individual and team goals. The goal of our coaching staff is to provide every member an opportunity to improve swimming skills and achieve success at his/her level of ability, from novice to international competitor. In addition, Our team provides an enjoyable environment to build sportsmanship, character, skills, friendships and health.

Each of our coaches are members of the American Swim Coaches Association, and have access to the most comprehensive training and certification program for youth coaches of any sport in the United States.

We are constantly growing and training young swimmers to maintain a well-rounded competitive swim

**Learn important  
life skills**

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**Healthy and safe  
form of exercise**

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**Sport to participate  
in for a lifetime**

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**Build lifelong  
friendships**

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**Less occurrence of  
injury compared to  
other sports**

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**Fun!**

**CONNETQUOT  
SWIM CLUB**

Bohemia, NY 11716

[www.cscswimming.org](http://www.cscswimming.org)

Head Coach Alex Scichilone  
[coach24@optonline.net](mailto:coach24@optonline.net)