



COMPETITIVE SWIM TEAM TRYOUTS

Tryout for the team will be:

WHERE: Connetquot High School (pool area)

ADDRESS: 190 7th Avenue, Bohemia, NY 11716

DATE: Thursday September 8th 2022

TIME: 6:00pm-7:00pm

CONTACT: For Competitive team tryouts ONLY:

Head Coach Alex @ Coach24@optonline.net

Tryout is open to swimmers who can swim at least 25 yards of each stroke. Freestyle, Backstroke, Butterfly, and Breaststroke. Your swimmers will be asked to swim in our pool. They will start out with Freestyle and we will go through all 4 competitive strokes or as much as they know. If your child makes the team, a member of the coaching staff will call you with the recommended level of participation. (please bring suit, towel goggles)

About Us! The Connetquot Swim Club is a competitive swim team that provides high-quality professional coaching, training and competitive opportunities year round for swimmers of all abilities to reach their individual and team goals. The goal of our coaching staff is to provide every member an opportunity to improve swimming skills and achieve success at his/her level of ability, from novice to international competitor. In addition, Our team provides an enjoyable environment to build sportsmanship, character, skills, friendships and health.

Each of our coaches are members of the American Swim Coaches Association, and have access to the most comprehensive training and certification program for youth coaches of any sport in the United States.

We are constantly growing and training young swimmers to maintain a well-rounded competitive swim team. If you would like to join our team, please see our location and contact information on this flyer!

Connetquot Swimming & Diving Club is a non-for-profit, head coach directed, organization. The distribution of this flyer is courtesy extended to the activities of this organization and as a community service. It should not be considered to be an endorsement or approval of either the sponsor or the activity. In no way does the Connetquot School District sponsor or accept any responsibility for these activities.

Learn important
life skills

Healthy and safe
form of exercise

Sport to participate
in for a lifetime

Build lifelong
friendships

Less occurrence of
injury compared to
other sports

Fun!

CONNETQUOT SWIM CLUB

PO Box 22

Bohemia, NY 11716

www.cscswimming.org

Head Coach Alex Scichilone
coach24@optonline.net

APPROVED

A handwritten signature in blue ink, likely belonging to the head coach, Alex Scichilone.