



SWIM LESSONS AGES 5 AND UP

And

COMPETITIVE SWIM TEAM TRYOUTS

Tryout for the team & evaluations for lessons will be:

WHERE: Connetquot High School (pool area)

ADDRESS: 190 7th Avenue, Bohemia, NY 11716

DATE: Saturday February 8th 2020

TIME: 10:00 am

CONTACT: For Competitive team tryouts:

Head Coach Alex @ Coach24@optonline.net

SWIM LESSONS- Coach Olivia: Olivia.csd@gmail.com

(please bring suit and goggles)

About Us!

The Connetquot Swim Club is a competitive swim team that provides high-quality professional coaching, training and competitive opportunities year round for swimmers of all abilities to reach their individual and team goals. The goal of our coaching staff is to provide every member an opportunity to improve swimming skills and achieve success at his/her level of ability, from novice to international competitor. In addition, Our team provides an enjoyable environment to build sportsmanship, character, skills, friendships and health.

Each of our coaches are members of the American Swim Coaches Association, and have access to the most comprehensive training and certification program for youth coaches of any sport in the United States.

We are constantly growing and training young swimmers to maintain a well-rounded competitive swim team. If you would like to join our team, please see our location and contact information on this flyer!

This activity is not sponsored or insured by the Connetquot Central School District

Learn important life skills

Healthy and safe form of exercise

Sport to participate in for a lifetime

Build lifelong friendships

Less occurrence of injury compared to other sports

Fun!

CONNETQUOT SWIM CLUB

PO Box 22

Bohemia, NY 11716

www.cscswimming.org

Head Coach Alex Scichilone

coach24@optonline.net

APPROVED

A handwritten signature in black ink, appearing to be "JMA", is written over the bottom right corner of the "APPROVED" stamp.