

# 14<sup>th</sup> Annual Connetquot Girls Volleyball Camp



## Play Like a Champion!

**July 15<sup>th</sup>-July 19<sup>th</sup>  
8-10AM**

**Entering Grades 5-9  
Location: Connetquot H.S.**

Sign up quick because there is a  
limited amount of space.

Cost: \$125

Includes: Volleyball Camp T-Shirt,  
Instruction, and Insurance.

Questions please call  
Justin Hertz- 631 467-6000  
Ronkonkoma Middle School



### Camp Directors:

**Justin Hertz**

Varsity Coach

Former 7<sup>th</sup> and 8<sup>th</sup> Grade Volleyball Coach.

**Karen Edwards**

Junior Varsity Coach

7<sup>th</sup> and 8<sup>th</sup> Grade coach at OBMS

Long Island Academy volleyball coach.

**Brianne Hertz**

Former JV9 Volleyball Coach

**Mission:** To provide skilled instruction for athletes interested in becoming better volleyball players. The camp consists of five days of training, which will touch on all of the basics and end with tournament play.

**Itinerary: July 15-19<sup>th</sup> 8-10AM**

**July 15<sup>th</sup> :** Meet the coaches and skill work in teams.

**July 16<sup>th</sup>-18<sup>th</sup> :** Campers will work on skills such as passing, setting, serving, hitting, defense, and the strategy of game play.

**July 19<sup>th</sup> :** Campers will compete in a tournament with other players in their ability level.



### Registration Form:

Name: \_\_\_\_\_

Grade entering in September: \_\_\_\_\_

**Experience level** (Circle One based on your best judgement, changes can be made when we begin the camp)

**Beginner-** Never Played on a team before.

**Intermediate-** Some Experience

**Advanced-** Played more than one season or plays club volleyball.

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### **Emergency Contact**

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Email address: \_\_\_\_\_

T-Shirt Size (Adult Sizes): \_\_\_\_\_

Please include payment and registration in an envelope and return to **Mr. Hertz or Mrs. Hertz** at Ronkonkoma Middle School Or **Mrs. Edwards** at Oakdale Bohemia Middle School.

**\*\*\*Make checks payable to:**

**Thunderbirds Coaches Association**

**This camp is not sponsored or insured by the Connetquot Central School District.**



APPROVED 