

# FAMILY FITNESS DAY

JUNE 2nd, 2 to 4PM  
GREAT SOUTH BAY YMCA

**GiGi's**  
PLAYHOUSE  
Down Syndrome Achievement Centers  
educate inspire believe  
Long Island, NY



## GiGi's Playhouse Long Island's Family Fitness Day

June 2nd 2-4pm @ Great South Bay YMCA

**FREE ADMISSION**

GiGis Playhouse Long Island in partnership with Great South Bay YMCA present our 2nd annual Family Fitness Day!

GiGis Playhouse is Long Islands Premiere Down Syndrome Achievement Center, opening 2020. This will be a day created specifically to promote healthy lifestyle choices, create community awareness about individuals with Down syndrome and most importantly, HAVE FUN! So jump, skip or hop on over and join us for an afternoon full of fun and fitness for all ages! Join us in celebrating how individuals with Down Syndrome are more alike than different.

**FITNESS DEMOS. BOUNCE HOUSE. ROCK WALL. DJ. FACE PAINTING.  
RAFFLES. HEALTHY SNACKS. VENDORS. BBQ LUNCH.**

**REGISTER ON OUR WEBSITE: [GIGISPLAYHOUSE.ORG/LONGISLAND](http://GIGISPLAYHOUSE.ORG/LONGISLAND)**

**APPROVED** *DDA*