

Be a part of the Connetquot Wrestling Tradition:
Connetquot T-Bird



KID Wrestling



Introducing a new KID wrestling club offered to the Connetquot community with an instructional focus designed to introduce students in grades 1-6 to the sport of wrestling and to provide the fundamental skills necessary to compete as a wrestler.

Who: Connetquot students, grades 1-6

When: Tuesdays and Thursdays, October 30 – February 14 (26 sessions)

Where: Connetquot High School Wrestling Room 6:00 – 8:00 pm.

***Instructional groups TBD based upon enrollment – Approximate 1 hour sessions

Cost: \$65, payable with check upon in-person registration

Includes USA Wrestling Competition Card, insurance, 26 sessions and t-shirt

In-person Registration: At the first practice - Tuesday, October 30th
6p.m. at the Connetquot High School Wrestling Room

Head Coaches: Justin Bradley and Paul Harvey – New York State certified teachers and experienced youth, middle school, and high school wrestling coaches

All instructors are NYSPHSAA certified and USA Wrestling certified and experienced in successfully working with hundreds of student-athletes in the Connetquot community.

For questions or further details please contact:

tbirdkidwrestling@gmail.com

Your Tradition Starts Today!

Additional Important Information on Reverse of Flyer

This activity is not sponsored or insured by the Connetquot School District or the PTAs of Connetquot Schools

APPROVED

Be a part of the Connetquot Wrestling Tradition:

Additional Important Information

Instructional sessions will last approximately one hour, to be determined based upon enrollment, age, and experience-level

Wrestlers should come prepared with practice clothes (comfortable shorts/sweat pants, and t-shirt)

Wrestling shoes are not required, but are encouraged – athletes may wear a pair of clean sneakers

***no street shoes will be permitted in the wrestling room

**** **Due to safety and insurance reasons, no parents will be permitted in the wrestling room**

You may wish to bring a chair while you wait during your child's instructional session

Please direct any questions you may have to our team email:

tbirdkidwrestling@gmail.com

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